

**DR. AFSAR KHAN**

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**AIMS & OBJECTIVES**

I want to achieve a respectable professional position in the society through knowledge, hard work, efficiency, skills and services. To start my career in an energetic, dynamic and improving organization which welcomes innovation, creativity and team work. I have a dream to become an active and professionally sincere in the field of service to humanity.

**WORKING/JOB EXPERIENCE**

**Assistant Professor Orthopedic Surgery KMU-IMS/DHQ Teaching Hospital KDA Kohat from October 2017 till date (presently working)**

- Deal with Trauma and Emergency cases (one 24 hour oncall duty per week)
- Managing Outdoor patients (About 80-100 patients per week)
- Handle Elective and Emergency cases in Orthopedic OT (About 6-10 major surgeries and 10-15 minor surgeries week)
- Perform Trauma and Orthopedic surgeries independently
- Deliver Lectures to Medical students
- Conduct clinical examination to Medical students and House Officers
- Supervising residents, house officers and medical students in Orthopaedic surgeries

**ACADEMIC/EDUCATIONAL BACKGROUND**

EXAM	YEAR	BOARD / UNIVERSITY
FCPS (Orthopedic)	2017	College of Physicians and Surgeons Pakistan, Karachi Sindh Pakistan
MBBS	2009	Khyber Medical University Peshawar Khyber Pakhtunkhwa Pakistan
F.Sc	2003	Cadet College Razmak, North Waziristan Khyber Pakhtunkhwa Pakistan
S.S.C	2001	Cadet College Razmak, North Waziristan Khyber Pakhtunkhwa Pakistan

### **CERTIFICATE IN HEALTH PROFESSIONAL EDUCATION**

6 Months Course in Health Professional Education (CHPE) from Khyber Medical University Peshawar, Khyber Pakhtunkhwa Pakistan in 2022.

### **Got Eligibility (Experience Certificate) for Associate Professor of Orthopedic Surgery from PM&DC**

*Approved as Supervisor for FCPS training in Orthopedic Surgery by CPSP Pakistan*

*DATAFLOW done for NHRA Bahrain (N006-2504-2410249)*

*DATAFLOW done for Saudi Commission For Health Specialities*

### **ELIGIBILITY LETTER FOR DUBAI HEALTH AUTHORITY in Hand**

**DATA FLOW CASE REFERENCE NO:- D001-2303-1437091**

### **WORKSHOPS ATTENDED**

1	▪ Primary Surgical Skills.
2	▪ Communication Skills.
3	▪ Introduction to Computer & Internet.
4	▪ Research Methodology, Biostatistics & Dissertation Writing.
5	Advanced Pelvis and Acetabulum Trauma
6	Basic Life Support.
7	▪ Principles Of Deformity Correction
8	▪ Clubfoot Ponseti Workshop
9	▪ Illizarov Course
10	▪ Pelvic Osteotomies In DDH
11	▪ Scoliosis-Concepts, Application and Practice
12	▪ Perthes Disease:Basics,Controversies and Advances
13	▪ Total Knee Arthroplasty and Total Hip Arthroplasty
14	▪ Hand Surgery Workshop

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## **SKILLS**

### **(1) Soft Skills**

- (a) Able to work under stress
- (b) A good team worker
- (c) Good communication skill
- (d) Good counselling skill
- (e) Anger management skills
- (f) Exceptional attention to detail

### **(2) Hard Skills (Orthopedic Surgical Skills)**

- (1) Plate fixation of clavicle fracture
- (2) Hook plate application for ACJ dislocation
- (3) Plating and Interlocking nailing of humerus fractures
- (4) PHILOS for proximal humerus fractures
- (5) Dual plating for adult distal humerus fractures
- (6) Surgical Fixation of all sorts of Radius and Ulna fractures
- (7) Surgical fixation of Carpals, Metacarpals and Phalangeal fractures of hand
- (8) Surgical fixation of all sorts of proximal femoral fractures
- (9) Bipolar and Unipolar Hemiarthroplasty for Femur Neck Fractures
- (10) Plating and Interlocking nailing of femoral shaft fractures
- (11) Distal Femoral Locking Plate Fixation
- (12) Proximal Tibia Locking Plate Fixation
- (13) Plating and Interlocking nailing of tibia fractures
- (14) Surgical fixation of Malleolar fractures/complex ankle fractures
- (15) Surgical fixation of Calcaneum, Talus, other Tarsals, Metatarsal and Phalangeal fractures of foot
- (16) Split and Full thickness skin grafting
- (17) Surgical fixation of all sorts of Paediatric upper and lower limbs fractures
- (18) Conservative management of Adult and Paediatric fractures
- (19) Conservative Management of all sorts of sports injuries
- (20) Conservative Management of disorders related to spine
- (21) Conservative and Surgical treatment of CTEV
- (22) Conservative management of degenerative disorders of limb joints
- (23) Surgical management of Malunion and Nonunion of Limb fractures
- (24) All sorts of amputations of different levels of upper and lower limbs
- (25) Conservative and Surgical management of soft tissue and bone infections
- (26) Conservative and Surgical management of Diabetic Foot Infections
- (27) Tendons transfers for radial nerve palsy
- (28) Surgical treatment of Benign soft tissue and bone tumors
- (29) Surgical treatment of acute and chronic tendon injuries
- (30) DDH surgery

## **RESEARCH PUBLICATIONS**

1. Comparison of Autologous Blood Injection and Corticosteroid Injection in Treatment of Planter Fasciitis, Randomized Control Trial as Second Author. Pak J Surg 2015; 31(4): 238-241.
2. Results of Autologous Blood Injections in Patients with Planter Fasciitis as Second Author. Rawal Medical Jurnal: Vol 41. No. 1, Jan-March 2016.
3. Epidemiology and In-Hospital Clinical Outcome of Post Traumatic Limb Amputations in Lady Reading Hospital Peshawar. JPOA 2017; 29(2): 22-28.
4. Outcome of local steroid injections in de Quervain's Tenosynovitis as Ist Author. Pak J Surg 2018; 34(4):325-328.
5. Percutaneous Needle Tenotomy in the treatment of Resistant Lateral Epicondylitis as Ist Author. Pak J Surg 2019; 35(2):151-155.
6. Efficacy of Ottawa Rules in Acute Ankle Injuries in Patients above 7 years of Age as 2nd Author. KJMS 2019;12(2):221-224.
7. Efficacy of Autologous Blood Injections plus Dry Needling in Refractory Tennis Elbow as Ist Author. PJMHS 2020;14(2):601-603.
8. Early Experience with Illizarov for Correction of Resistant Clubfoot as 2nd Author. PJMHS 2020;14(2):595-598.
9. Results of Local Corticosteroid Injections in Medial Epicondylitis. PJMHS 2020;14(3):877-879.
10. Common Bacterial Pathogens in Extremity Fractures due to Bomb Blast Injuries as 1st Author. Pak J Surg 2020; 36(2):177-80.
11. 90-90 Hip Spica for Femur Shaft Fractures in Children. PJMHS 2021;15(3):537-539.
12. Midterm Results with Ponseti Technique for Clubfoot at Khyber Teaching Hospital Peshawar. PJMHS 2021;15(3):546-548.
13. Outcome of Pediatric Supracondylar Humeral Fractures Managed by Percutaneous Lateral K-wire Fixation. Pak J Surg 2021;37(4): 278-82.
14. Functional Outcome of Closed Humeral Shaft Fractures Treated with Functional Brace. JPOA 2021; 33(4): 167-71.
15. Short-term Outcome of Oral Prednisolone in the Management of Primary Adhesive Capsulitis JPOA 2022;34(3): 120-23.
16. Outcomes Of Meniscal Root Repair Using Transtibial Pullout Technique, A Prospective Multicenter Study. JPTCP 2024;31(5):2233-2239.

## **REFERENCES**

1. Dr. Saad Dildar Khattak

Assistant Professor Orthopedic Unit

DHQ Teaching Hospital Kohat, Khyber Pakhtunkhwa Pakistan

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2. Dr. Tauseef Raza

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